

Information on your anaesthesia and operation

→ Präoperative Sprechstunde

Dear Patient

You will soon be admitted to our hospital for a planned operation/intervention. We want you to be well informed about what is going to happen, allowing you to be actively involved in your recovery. You will have been given a broad range of information at our preoperative consultation. Please find a summary of this below. We kindly ask that you re-read this carefully and contact us if you have any questions. Thank you.

Preparing for your stay in hospital

Please read the information below as well as the "Your outpatient stay" or "Your inpatient stay" brochure, prepare everything you need for your upcoming hospital stay based on the checklist mentioned in the relevant brochure and bring it along with you.

The day before the operation

If you have not already been informed of your admission time in writing, someone from Appointment Scheduling will call you to confirm the exact time usually between 3 and 5 pm the evening before. If the operation is taking place on a Monday, you will be told when to arrive on the Friday.

On the day of the operation

- > Food and drink:
 - Do not eat anything for up to six hours prior to admission.
 - You may drink water for up to **two hours** prior to admission.

- > Medication: please bring all medication that you are currently taking in its original packaging. On the morning of the operation, please take the following medication:

After the operation

If you are having an outpatient procedure, you will be discharged from the day ward to return home after you have been seen by the surgeon. Please note that you cannot drive for 24 hours after an anaesthetic as your ability to drive may be impaired. Please therefore ensure that you have made prior arrangements in good time for somebody to collect you and take you home.

Comments

Do you have any questions or require more information? Call us. Our Secretariat would be happy to assist you on +41 41 399 33 15.

We hope your operation/intervention is a success and wish you a speedy recovery.

The preoperative consultation team